place an 8.5 x 11 sheet of paper on the rectangle below

and follow the numbered instructions, beginning with step 1 at the right

1. fold down the upper left hand corner (use the guidelines if you need to)

in the following steps, fold the paper down to match the shaded area in each picture

2. fold right half behind the left

3. lift from page

4. fold out wings and throw

5. fold out wings and throw

6. fold out wings and throw

7. fold out wings and throw

8. fold out wings and throw

9. fold right half behind the left

10. lift from page

11. fold out wings and throw